



They also shared some links to the BPS website:

[Common Sense Media](#)

[Healthy Tech Promise](#)

[Technology Resources for Families](#)

Small group discussion

Parents/guardians broke into smaller discussion groups and tried answering the following prompts:

What information would be more useful to share with families and caregivers?
multifaceted could we increase
collaboration between families and schools?

The following comments were shared after small group discussion:

I wish I had stopped screen time at an earlier age. Setting boundaries and limits. One hour per day limit and hold strict to it. Elementary easier to set these boundaries vs. middle school students. Family media plans are important.

ifficult to engage in battles with kids. How do we avoid power dynamics with our kids?

