

## Op ons High School Room 141

## Monday, April 24, 2023 3:30 to 5 p.m.

Co-Chairs: Jessica Sankey, chief opera ng o ce, and Kim Niederhauser, director of health services

Facilitator: Page, Common Goodness Project

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Ex Aficio: Dana Smith, assistant director of A cPS director of teaching and learning, Sandra Andress, child and famil Op ons High School nurse, Shannon Webb, Compass Health director, Carly Lonergan, Compass Health supervisor, Page, facilitator

Intro/Land Acknowledgement: Page led the group in a land acknowledgement and outlined the tasks for the mee ng today.

**Revisit Goals for Task Force**: Goals include crea ng a needs assessment and cra ing a recommenda on to Dr. Baker based on that needs assessment.

**Objec ves for this Mee ng:** To review updates and finalize dra recommenda ons and consider ongoing engagement opportuni es for task force.

What is Gender A rming Care? The need for gender a rming care is student driven. Page shared the Tg following defini on from World 5 it es s B - ! n ridividual's gender iden ty/ when it coups? Wo

**Spectrum of Gender A rming Care Needs:** Gender a rming care needs exist in the following arenas: social, personal, mental health, legal, medical and surgical. These systems can be di cult and cumbersome to navigate, and medical/surgical gender a rming care requires parental consent for people under 18.

**Updates Service Priori es** Service priori es were updated following the last mee ng due to group feedback to reflect the needs of the community requirements of the DOH funding. The updated service priori es are the following: behavioral health, including substance use treatment, medical care, using a gender a rming care , and health educa on.

**Updates to Recommenda on:** The task force recommends opening a health center at Opt ons High School, init ally focused on providing onsite behavioral health services, care navigat on and medical care (year two) for Opt ons and other BPS high school students with a focus on health equity. added substance abuse focus and addressing the capacity concerns. The school based health center would use "brief, solu on based framework of mental health care including 8 12 sessions." This would include making a plan with student for needs going forward (e.g. referrals, group work, etc).

**Next Steps** The task force recommends establishing feedback mechanisms, including an advisory commit ee and student leadership. The dra recommenda on will be sent to the task force with one week to provide any addi onal feedback. Then the recommenda on will be sent to Dr. Baker. If Dr. Baker accepts the recommenda on, he next itera on of the task force would manage and resp feedback about the health center and student experience.

**Reflec ons** The group evaluated the process and outcome and expressed gratude for the commitment and engagement.