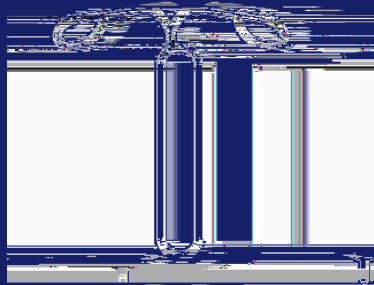




Protection

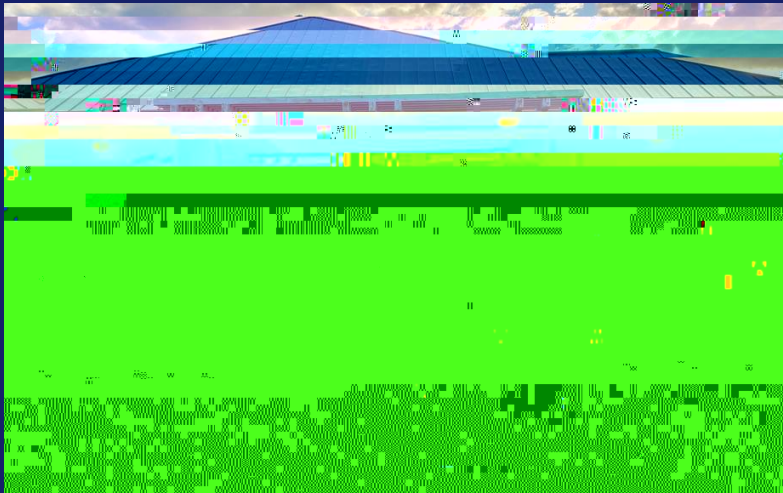
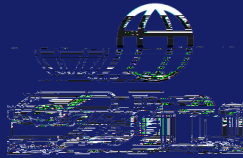


Why I joined Teen Council



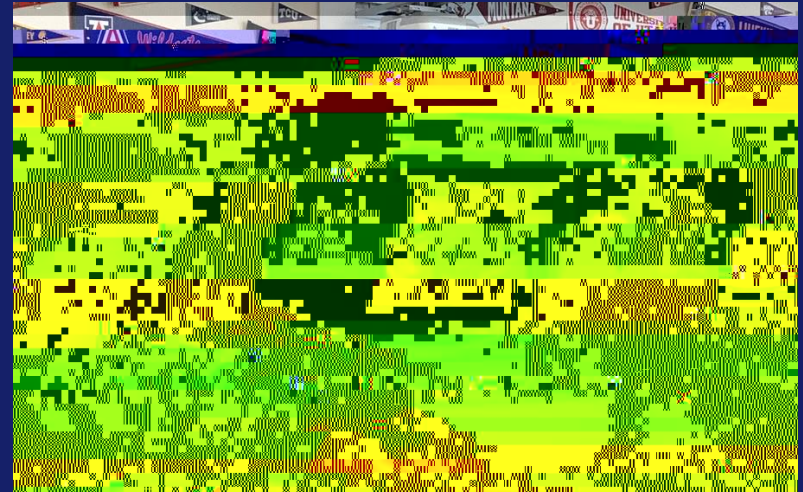
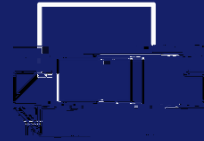
Weekly Meetings

Reproductive Health
Social Justice
Practice classroom
presentations



Peer-Led Sex Ed

Protection
Consent
Gender Identity
Keeping It Real with Your
Patients (training for
healthcare providers)



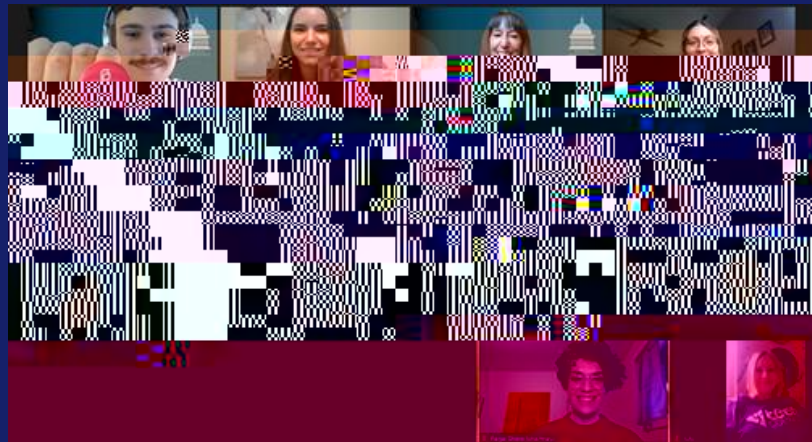
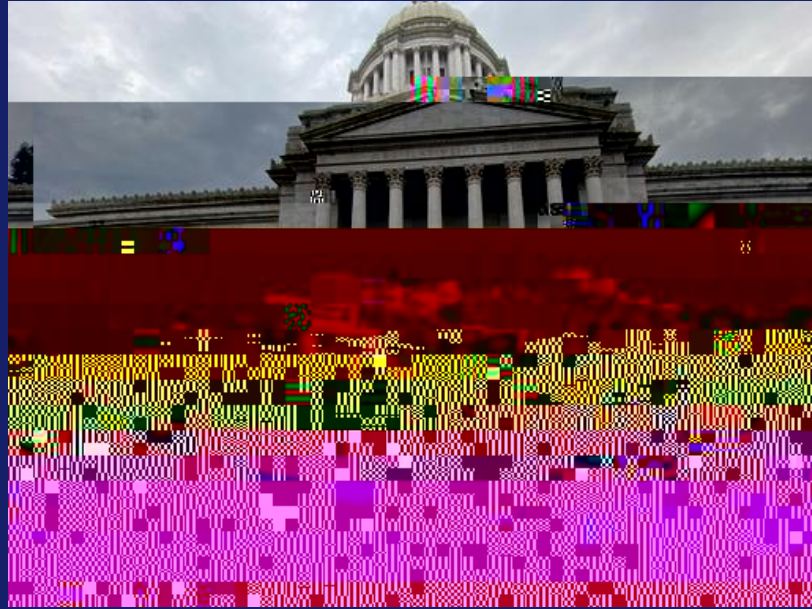
Individual Peer Education



1 on 1 confidential
conversations with TC
members about sexual
health



Teen Lobby Day



Group Agreements

Create a supportive space

Participate please!

Respect different perspectives & experiences

Listen to understand (vs. judge)

Ask questions

Remember that we're all learning

Take care of yourself and others

Knowledge Check

What is an STI?

Sexually Transmitted Infection - an infection that is primarily spread from person to person through sexual contact. You may also hear these referred to as STDs or sexually transmitted diseases. Both terms are correct.

What is Birth Control?

Methods of preventing pregnancy, also referred to as contraception.

Sex stats:

Things to highlight

Sex is a part of life that can come with some risks, so thinking about how to be prepared and safe is something we all need to

Which of these bodily fluids can transmit STI's?

Blood

Saliva

Breast

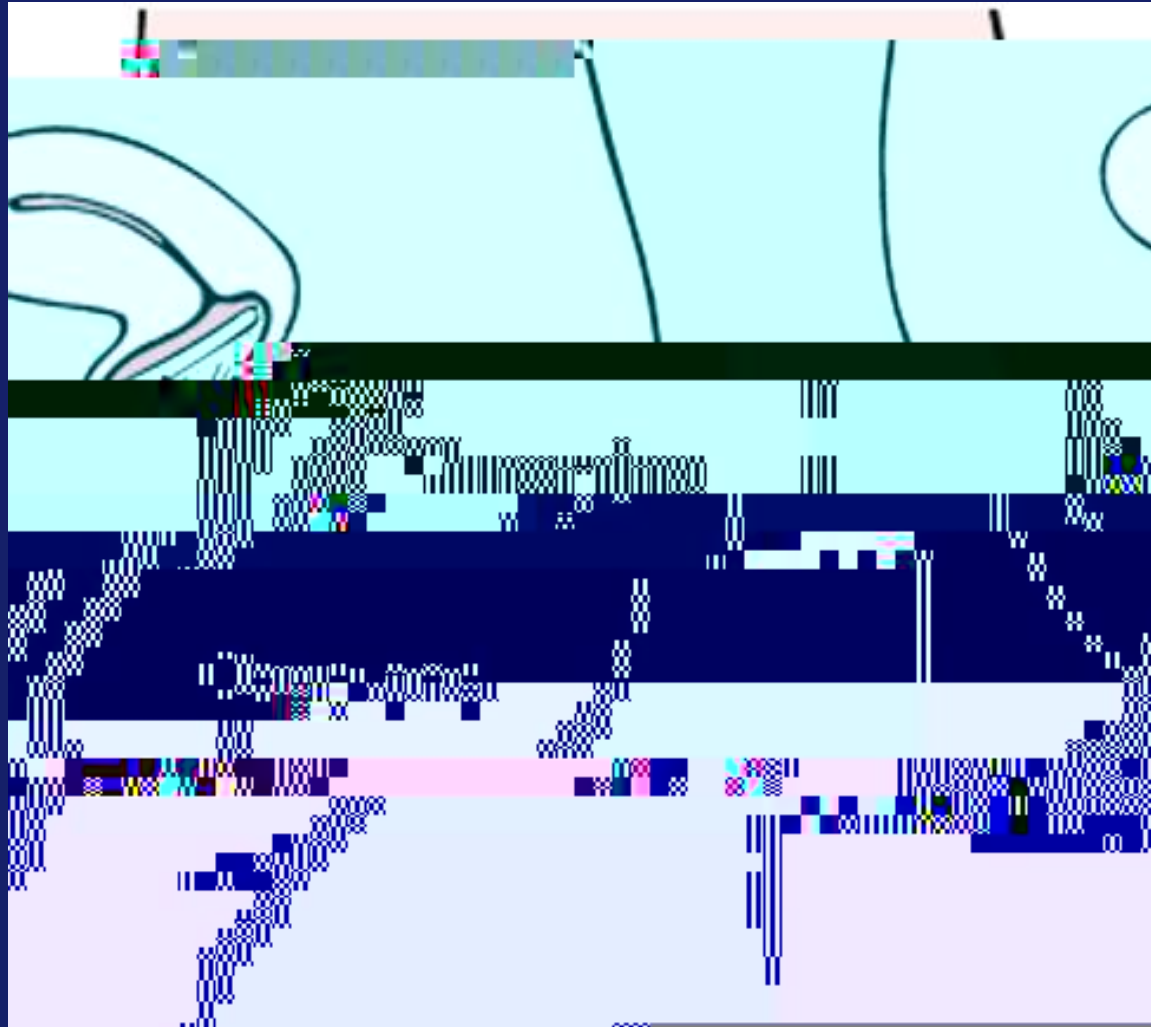
STI Transmission

STIs can be transmitted when these infected fluids or infected skin comes in contact with [redacted] on our bodies, which are the moist tissue that lines openings into our bodies. These include the [redacted]

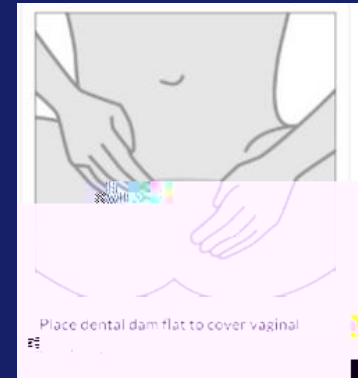
[redacted]

Internal Condoms

protection worn inside the vagina or anus during intercourse

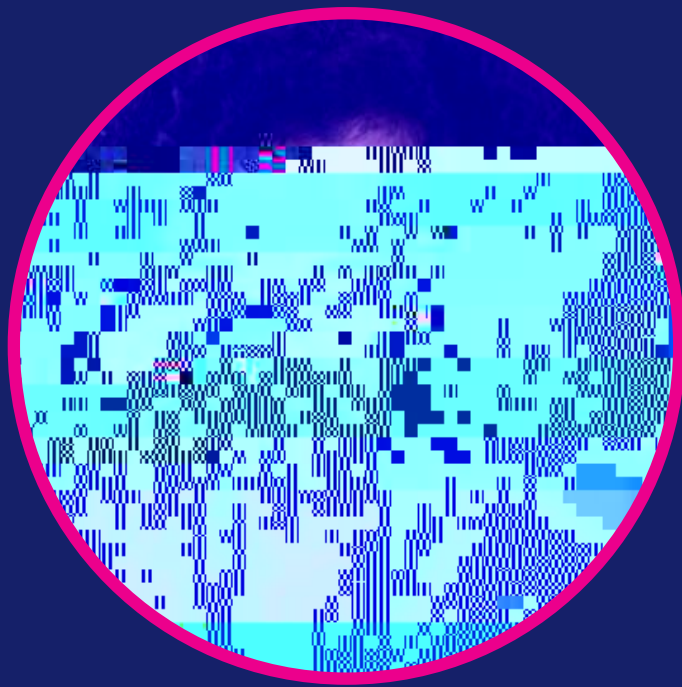


protection held on the outside of the vulva
or anus during oral sex



How to make a dental dam out of a condom!

1. Check expiration date and air bubble
2. Open package and remove condom
3. Cut off the tip of the condom
4. Cut through the ring of the condom
5. Unroll it. Now you have a dental dam!



History of Birth Control

In 1956, the first large-scale human trial of the birth control pill was carried out in Puerto Rico. The step was critical to the pill's development at the time, but the testing conducted on Puerto Ricans was done . As many as 1,500 Puerto Ricans participated in the trial. They were told only that the drug prevented pregnancy, . The pills used in the trial had hormone levels 20 times higher than birth control pills on the market today.

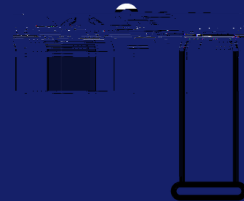
History of Birth Control

From 1937-1968, 1/3 of people with uteruses in Puerto Rico were sterilized. They were not informed of the permanence of the procedure.

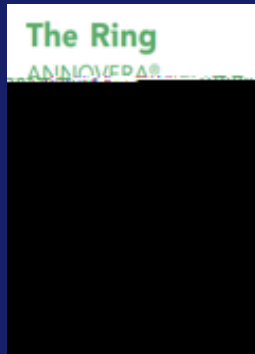
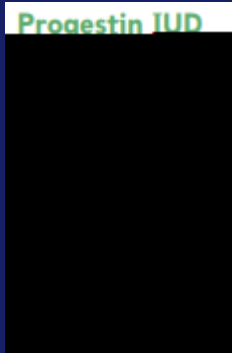
In the 1970s, 25% of Native American people with uteruses were sterilized.

Incidents like these eventually led to the requirement of medically informed consent. However, in 2020 these requirements were disregarded at ICE detention centers during the forced hysterectomies of immigrants being held there.

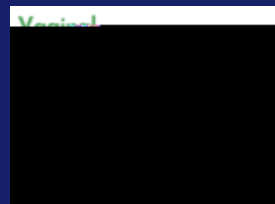
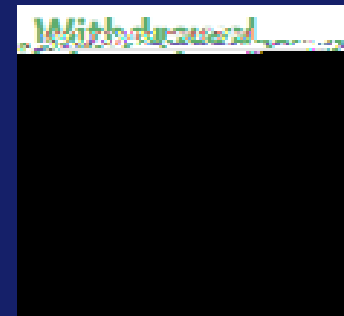
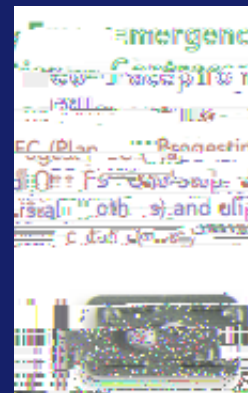
Birth Control Shuffle



Available by prescription or doctor

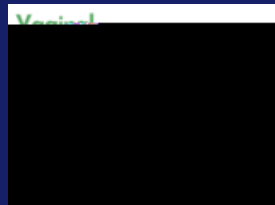
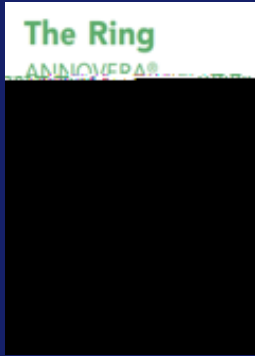
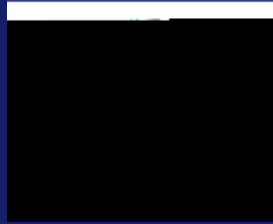
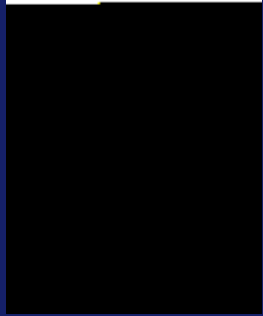


Available over the counter or free

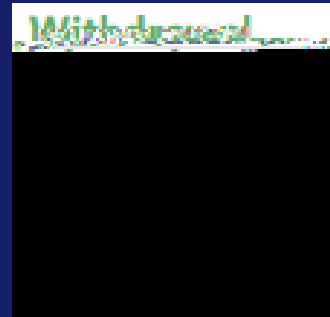
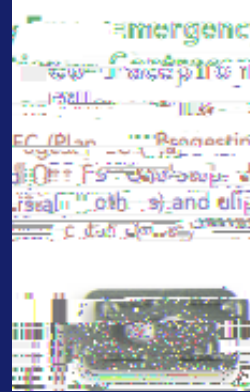




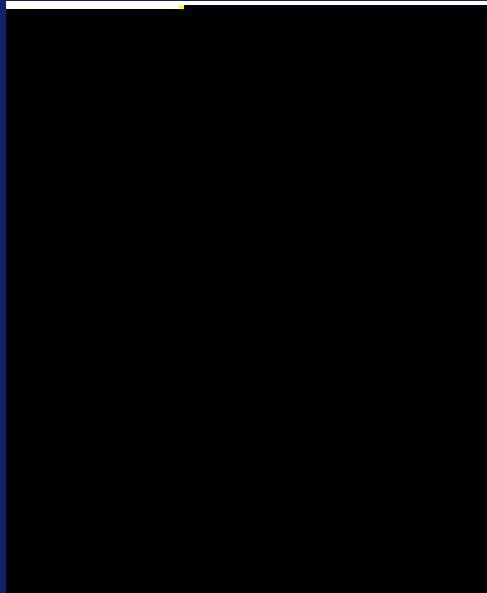
Other uses besides pregnancy prevention



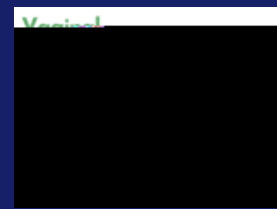
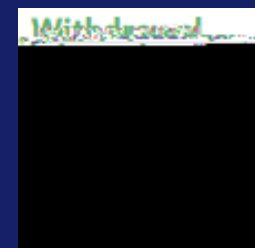
Only purpose is pregnancy prevention



Protects against STIs



Does not protect against STIs



Good options for teens

Not a good option for teens



It depends! The best birth control method is going to be different for everyone.

Conversation Starters

Talking to a partner about abstinence:

You and your partner have been dating for awhile and care about each other a lot.

However, you feel like you aren't ready to have sex yet.

How would you start the conversation?

Conversation Starters

Talking to a partner about using protection:

You and your partner have been talking about having sex, but you haven't discussed using protection.

How would you start the conversation?

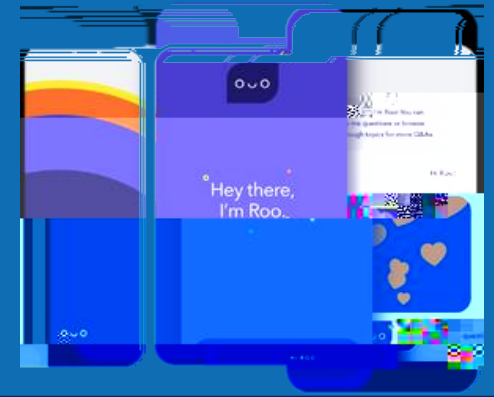
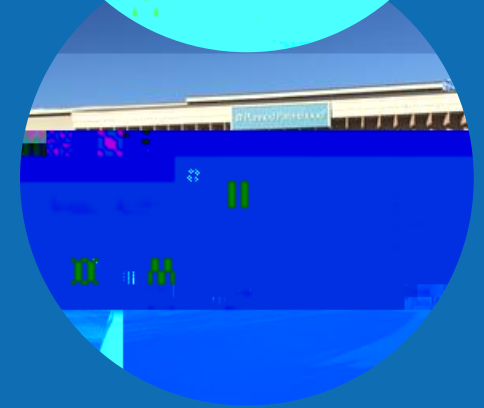
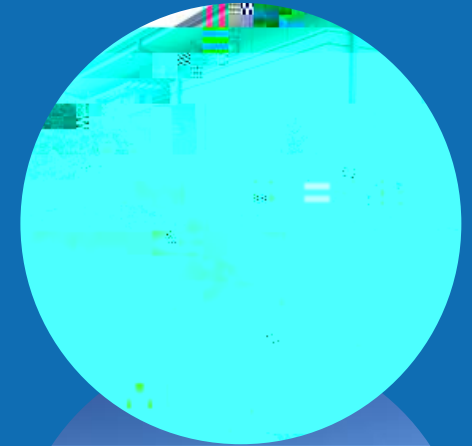
Talking to a partner about getting tested:

You and your partner have been sexually active.



Free condoms
Birth control methods
STI testing & treatment
HIV testing/prevention (PrEP & PEP)
Transgender hormone services
Pregnancy tests
Abortion services
HPV vaccines
Annual checkups/cancer screenings
Abnormal pap treatment

Bellingham Health Center: (360) 734-9095
Mount Vernon Health Center: (360) 848-1744
Online: www.mbppp.org
Questions? roo.plannedparenthood.org



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Interested?



Applications are open
for 2023-24 school year!

weareplannedparenthood.org/a/mbpp_tc