



# Gender identity & Sexual Orientation



# Group Agreements

Create a supportive space

Participate please!

Respective different perspectives &  
experiences

Listen to understand (vs. judge)

# Adolescent Sexuality

**T R I V I A**

**True or false:**

the U.S. teen pregnancy rate is currently at an all-time low

**a) True**

**b) False**

What is the **primary reason** for the current decline in teen pregnancy?

- a) Reality TV shows like Teen Mom and 16 & Pregnant
- b) Increased use of effective contraception
- c) Abstinence-until-marriage education
- d) Decreased sexual activity among teens

**True or False:**

The U.S. has one of the highest teen pregnancy rates among industrialized nations

a) True

b) False



## True or false:

92% of LGBTQ youth say they hear negative messages about being LGBTQ, the top sources are school, the internet, and their peers

a) True

b) False



**True or false:**

1 out of 5 transgender individuals will experience homelessness at some point in their life.

**True or false:**

41% of people who identify as transgender have attempted suicide

**a) True**

**b) False**

**True or false:**

Transgender folks with strong support from peers are 82% less likely to attempt suicide than those without support

a) True

b) False

A 2018 study showed that trans youth who are able to use their chosen name at school, home, work and with friends experience...

71% \_\_\_\_\_ symptoms of severe depression

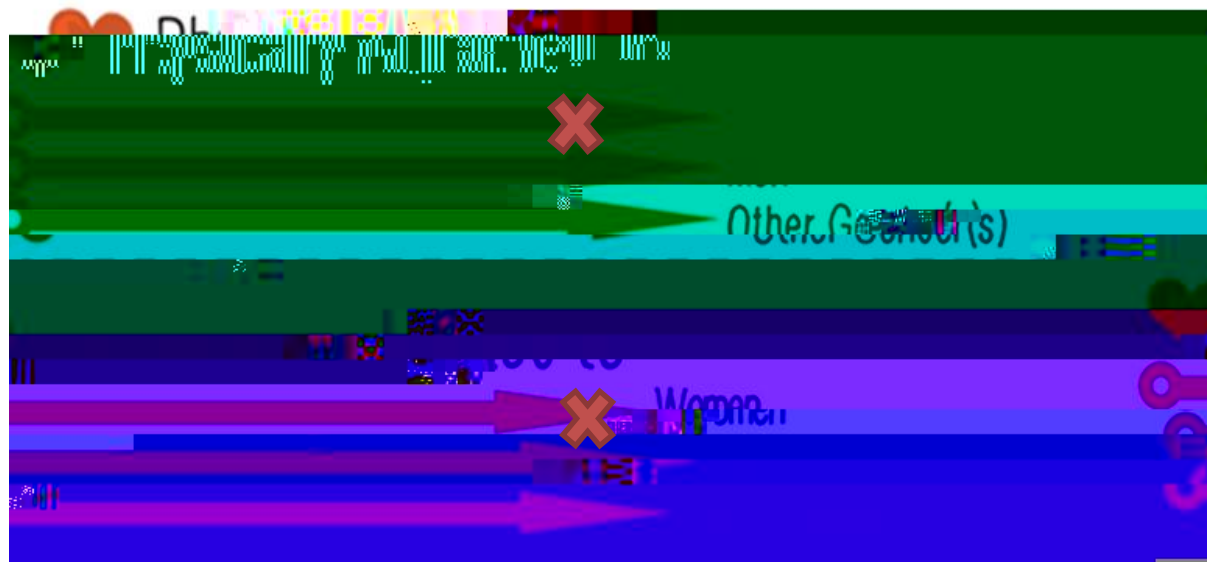
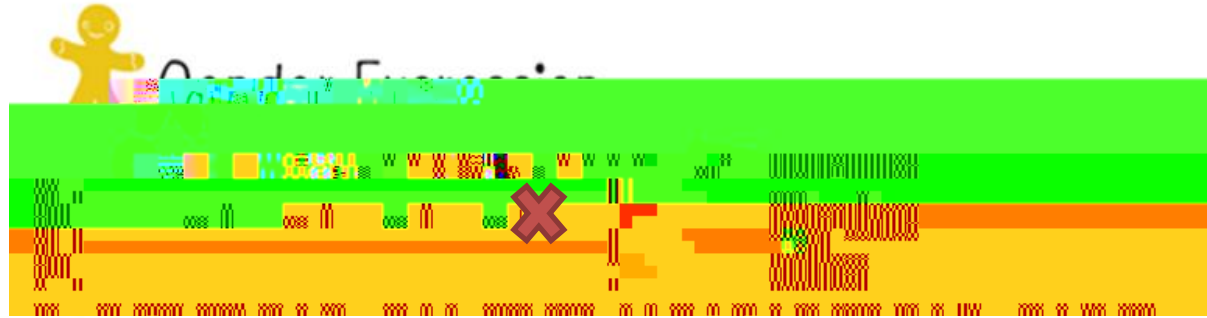
34% \_\_\_\_\_ in suicidal thoughts

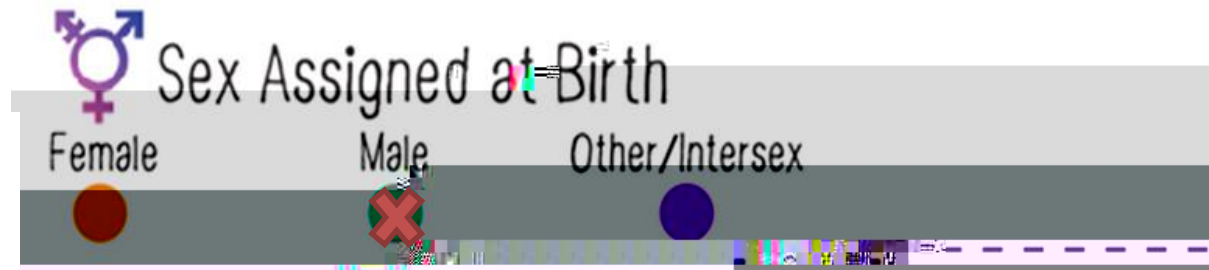
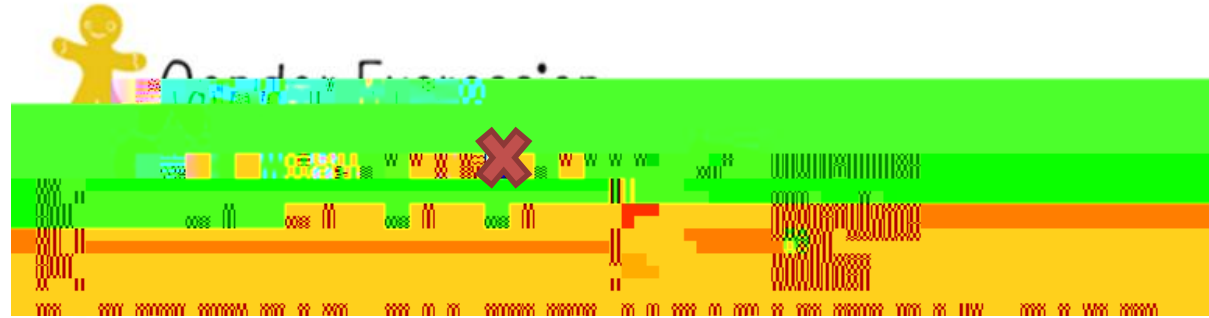
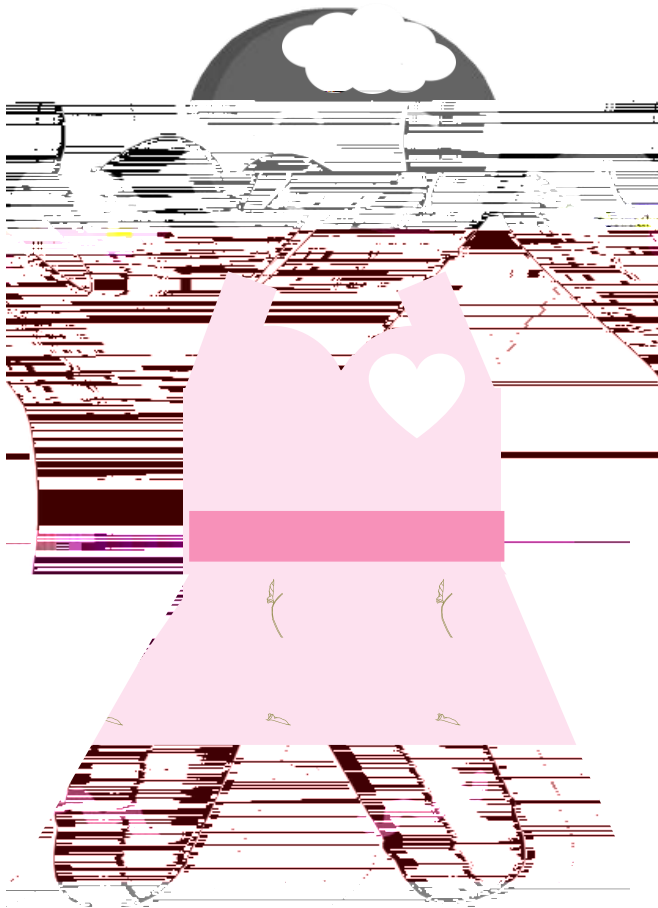
65% \_\_\_\_\_ in suicide attempts

Bill Nye on the spectrum of identities.











## Scenario #1

There is a new student in class, and you aren't sure what pronouns they use. What should you do?

\_\_\_ Ask them, offer your own pronouns when you introduce yourself, call them by their name or gender-neutral pronouns, listen to cues from others, correct yourself if you make a mistake

\_\_\_\_\_ Make assumptions about pronouns or identity



## Scenario #3

You're on the soccer team with a friend who uses they/them pronouns, but recently you've noticed that they've been getting upset because the coach continually misgenders them, and they have started skipping practice to avoid it. What do you do?

## Scenario #4

You're at lunch and you hear a group of people from your class saying derogatory things about the queer community, and using that word "gay" to describe a class project that they don't want to do. What do you do?

\_\_\_ If you can, respectfully let them know why they shouldn't use that word, or ask an adult to step in if needed

\_\_\_\_\_ Assume they have bad intentions

Avoid making assumptions – especially based on appearance

R E P H R A S E

That Phrase!

## Rephrase that Phrase

Do you have any  
brothers or sisters?

*Do you have any siblings?*

## Rephrase that Phrase

Men have penises and  
women have vaginas.

*Some people have penises, and  
some people have vaginas.*



## Rephrase that Phrase

That's so gay.

*That's not cool, that's unfair, etc.*



## Rephrase that Phrase

About 15 weeks into the pregnancy, the woman will find out if the baby is a boy or a girl.

*About 15 weeks into the pregnancy, the pregnant person will find out the sex of the baby.*

## Rephrase that Phrase

If a man is transgendered, it means he was born into the wrong body and used to be a woman.

*If a man is transgender, it means his gender identity is different than his sex assigned at birth.*

# OOPS!

What should you do if you mess up a person's pronouns?

\_\_\_\_ Apologize quickly and do your best to use the correct pronouns in the future.

\_\_\_\_\_ Dwell on your mistake or say "This is so difficult for me"

MOUTH

-VS-

ACCT

## Myth vs. Fact

LGBTQ people can't have kids

*MYTH*





## Myth vs. Fact

People can choose their sexual orientation and gender identity

*MYTH*

## Myth vs. Fact

If someone identifies as straight, they may also have sex with someone of the same gender

*FACT*

Someone's sexual identity  
may be fluid and could

## Myth vs. Fact

You can't tell what  
pronouns someone uses  
by looking at them

*FACT*

## Myth vs. Fact

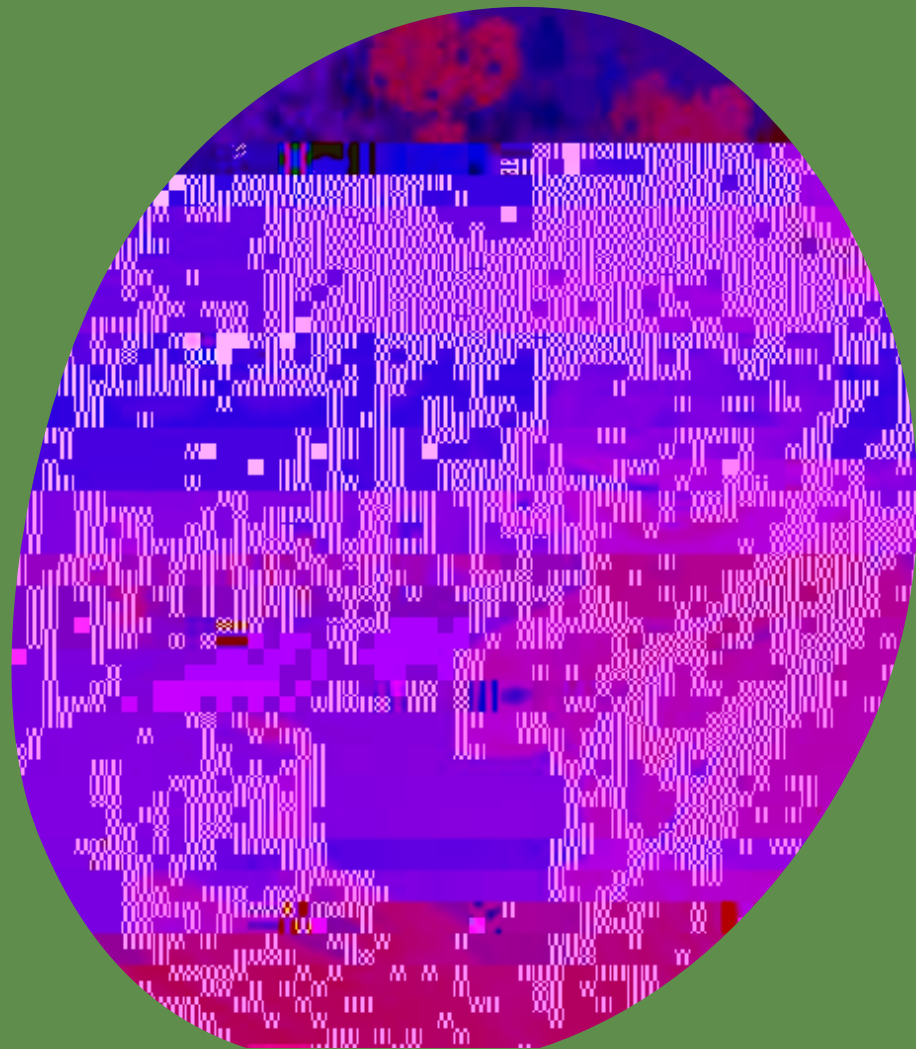
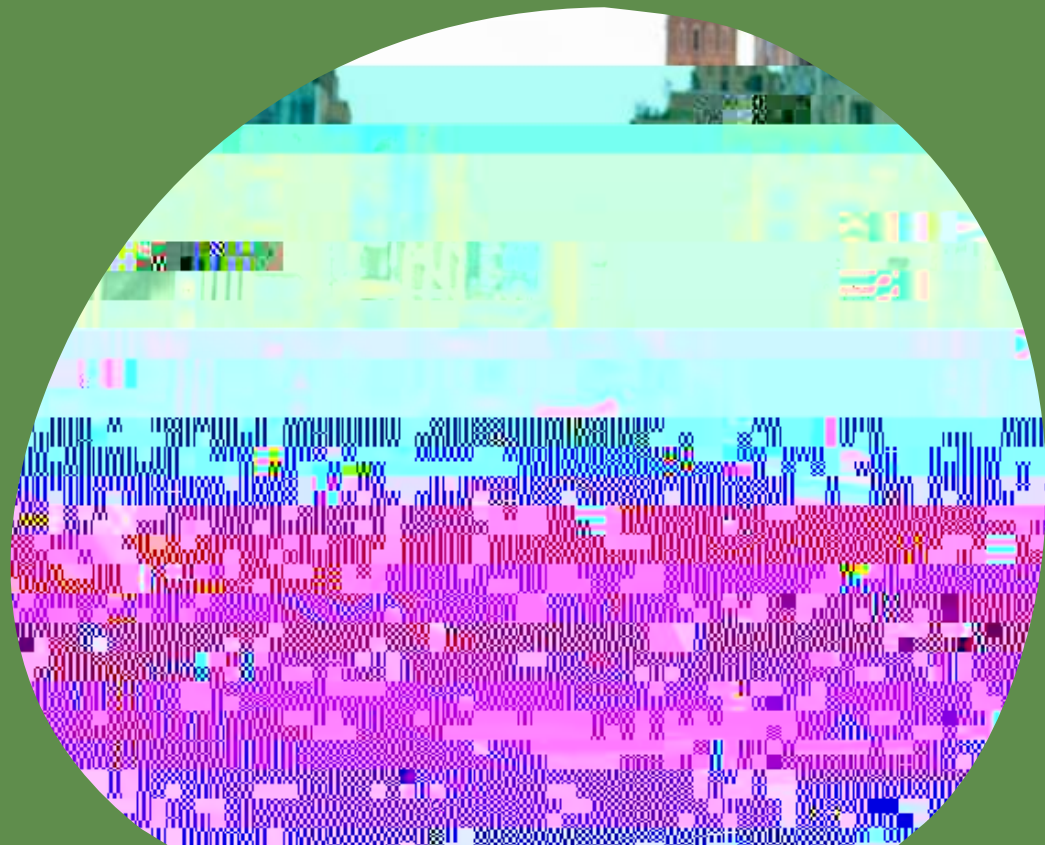
A person can look like a girl and have a vagina and identify as a boy

*FACT*

## Myth vs. Fact

Pride celebrations originated from a protest led in part by Black trans women and trans women of color

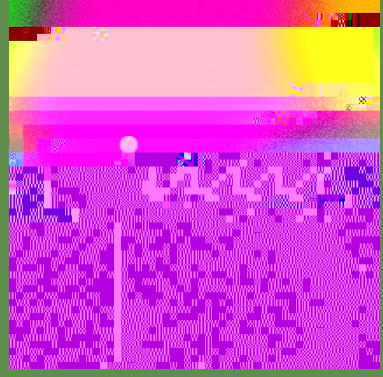
*FACT*



# Resources for LGBTQ+ Youth



Planned Parenthood Parent Hub





# Follow Us!



Instagram @whatcom\_tc



TikTok @teencouncil\_mbpp

# Interested?



Applications are open  
for 2023-24 school year!

[weareplannedparenthood.org/a/mbpp\\_tc](https://weareplannedparenthood.org/a/mbpp_tc)